



General Mills

Convenience
& Foodservice

Covid-19 “Grab and Go” Solutions



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Daily Breakfast Rotations



Solutions to support your kitchen

1. Labor restriction
2. Kitchen space restriction
3. Budget restrictions



SO Simple “to go meal”

1.



- Pillsbury Cherry Frudel
- Fresh Orange
- Milk or Juice

2.



- Cinnamon Chex Cup Cereal
- Apple slices
- Milk

3.



- Pillsbury Mini Pancakes
- Mixed fruit cup
- Milk or juice

4.



- Cocoa Puffs Cup Cereal, 60ct
- Baby carrots or vegetables
- Milk

5.



- Pillsbury Mini Waffles
- Strawberry Banana Trix Yogurt
- Milk or Juice

6.



- Cocoa Puffs Cereal Bar
- Wrapped apple
- Milk or Juice

7.



- Pillsbury Mini Bagels, 72ct
- Pineapple
- Milk or Juice

8.



- Lucky Charms Bowlpak Cereal
- Strawberry Banana Trix Yogurt
- Grapes
- Milk

Some fun “on the go”

1.



- Pillsbury Cherry Frudels
- Fresh Orange
- Milk or Juice

2.



- Cinnafun Roll (Recipe Book)
- Apple slices
- Milk or Juice

3.



- Pillsbury Mini Pancakes, 72ct: #
- Mixed fruit cup
- Milk or Juice

4.



- Sausage, egg and cheese breakfast sandwich (recipe Book)
- Baby carrots, 100ct: #
- Milk or Juice

5.



- Classic bacon, egg and cheese sandwich (recipe Book)
- Diced peach
- Milk or Juice

6.



- Cinnamon Chex Cup Cereal, 60ct
- Wrapped Apple
- Milk

7.



- Egg, sausage and cheese Biscuit (recipe Book)
- Pineapple
- Milk or Juice

8.



- Cocoa Puffs Cup Cereal, 60ct
- Strawberry Banana Trix Yogurt, 48ct
- Grape giggles, 50ct
- Milk

“On the go party”

1.



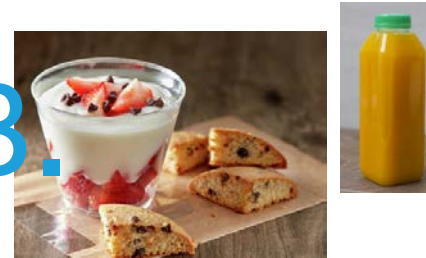
- Berry smoothie bowl (recipe book)
- Wrapped apple
- Milk

2.



- Southwestern breakfast sandwich
- Fresh Orange
- Milk or juice

3.



- Muffin Dunker (recipe Book)
- Milk or Juice

4.



- Cocoa Puffs Cup Cereal, 60ct: #
- Baby carrots, 100ct: #
- Milk

5.



- Individual Sticky buns (recipe Book)
- Baby carrots
- Milk or Juice

6.



- Sausage, egg and cheese breakfast sandwich (recipe Book)
- Sliced Apples
- Milk or juice

7.



- Pillsbury Mini Bagels, 72ct
- Pineapple
- Milk or juice

8.



- Classic bacon, egg and cheese sandwich (recipe Book)
- Grapes
- Milk or juice

“Refuel on the go”

1.



- Berry banana smoothie (recipe book)
- Apple stuffed cinnamon roll (Recipe Book)
- Wrapped apple
- Juice

2.



- Southwestern breakfast sandwich
- Berry-coconut fruitshake (recipe Book)
- Fresh orange
- Milk or juice

3.



- Muffin dunker (recipe Book)
- Cocoa puffs cup cereal, 60ct: #
- Milk or juice

4.



- Breakfast turkey club (recipe Book)
- Yoplait original strawberry yogurt
- Baby carrots
- Milk or juice

5.



- Individual sticky buns (recipe book)
- Yogurt parfait (recipe book)
- Fresh orange
- Milk or juice

6.



- Sausage, egg and cheese breakfast sandwich (recipe Book)
- Avocado smoothie (recipe book)
- Sliced apples
- Milk or juice

7.



- Blueberry swirl cinnamon roll (recipe book)
- Fruit cup
- Milk or juice

8.



- Classic bacon, egg and cheese sandwich (recipe Book)
- Yoplait original strawberry yogurt
- Wrapped apple
- Milk or juice

“Build your own”



1.

- Main course (from recipe book or product list)
- Side 1
- Side 2
- Beverage

2.

- Main course (from recipe book or product list)
- Side 1
- Side 2
- Beverage

3.

- Main course (from recipe book or product list)
- Side 1
- Side 2
- Beverage

4.

- Main course (from recipe book or product list)
- Side 1
- Side 2
- Beverage

5.

- Main course (from recipe book or product list)
- Side 1
- Side 2
- Beverage

6.

- Main course (from recipe book or product list)
- Side 1
- Side 2
- Beverage

7.

- Main course (from recipe book or product list)
- Side 1
- Side 2
- Beverage

8.

- Main course (from recipe book or product list)
- Side 1
- Side 2
- Beverage

Thaw/Heat and Serve Frozen Baked Goods List



GMI Code	Sysco	USF	Product Description	Case/Pack
<i>Pillsbury Baked Biscuits</i>				
06283	2252880	8153686	Buttermilk 2.875" diameter	120/2 oz
06235	5622873	8317158	Golden Buttermilk 2.875" diameter	120/2.25 oz
06236	254102	1317973	Golden Buttermilk Easy Split 2.875" diameter	120/2.25 oz
32391	7692751	7751597	Golden Buttermilk Easy Split 2.875" diameter	120/2.25 oz
06237	256356	6317150	Golden Buttermilk Easy Split 3.25" diameter	75/2.85 oz
06234	254012	3317971	Golden Buttermilk Mini 2.25" diameter	175/1 oz
06285	2559128	5150776	Southern Style 2.875" diameter	120/2 oz
32499	5122969	324574	Southern Style Easy Split 3.75" diameter	60/3.4 oz
32271	2173393	7628803	Whole Grain-Rich Easy Split 2.875" diameter	120/2 oz
<i>Pillsbury Baked Croissants</i>				
32105	6368177	4790184	Butter Curved	128/1 oz
32107	6374056	4790341	Butter Curved	48/3 oz
32104	6368213	4790325	Butter Pinched Sliced	48/3 oz
32102	6374373	4790135	Plain ZT Pinched Sliced	64/2 oz
32103	6373247	4790150	Plain ZT Pinched Sliced	64/2.5 oz

GMI Code	Sysco	USF	Product Description	Case/Pack
<i>Frozen Individually Wrapped Breakfast*</i>				
38399	3282797	9647413	Bagels with Cinnamon Creamy Cheese	72/2.43 oz
38413	3282809	9647827	Bagels with Strawberry Creamy Cheese	72/2.43 oz
27852	8162673	8872145	Apple Frudel	72/2.29 oz
27851	8162665	8872137	Cherry Frudel	72/2.29
33686	139610	3639234	Mini Cinnis	72/2.29 oz
37732	4386712	5977151	Mini Pancakes – Maple Burst'n	72/3.53 oz
37731	4386724	3761502	Mini Pancakes – Strawberry Splash	72/3.53 oz

*See next slide for prep/heat instructions

Individually Wrapped Breakfast Entrees Prep Instructions



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Hot Breakfast Offerings		Thawing Directions		Heating Directions for Thawed Product		Heating Directions for Frozen Product		Plate Life
Base Product Code	Product Description	Time for Thawing at Room Temp	Max Time for Holding Refrigerated Max Temp 40° F	Full Pan Convection Oven 350F	Full Pan Conventional Oven 350F	Full Pan Convection Oven 350F	Full Pan Conventional Oven 350F	After prep (thaw or heat) product consumed within
37732 37731 18049	Mini Pancakes Maple Burst'n Strawberry Splash Chocolately Chip Explosion	2 hrs	1 day	5-6 min	8-9 min	7-9 min	10-12 min	6 hrs
32264 32265	Mini Waffles Blueberry Bash Maple Madness	1 ½ hrs	1 day	5-7 min	9-10 min	8-10 min	13-15 min	6 hrs
37309 37308	Mini French Toast Cinnamon Rush Berry Blast™	1 ½ hrs	1 day	4-5 min	7-8 min	8-10 min	13-15 min	6 hrs
27852 27851	Frudel Apple Cherry	1 ½ hrs	3 days	5-6 min	7-8 min	7-9 min	11-13 min	6 hrs
33686	Mini Cinnis	1 ½ hrs	3 days	4-5 min	7-8 min	5-7 min	10-12 min	6 hrs
38399 38413	Mini Bagels Cinnamon Strawberry	2 hrs	3 days	5-6 min	10-11 min	8-9 min	13-14 min	6 hrs
49979 49978	Filled Crescents Chocolate Grape	2 ¼ hrs	3 days	4-5 min	7-8 min	5-7 min	10-13 min	6 hrs
110978 111032	Soft Filled Bars Cinnamon Toast Crunch Cocoa Puffs	2 hrs	2 days	5-6 min	9-10 min	8-9 min	13-14 min	6 hrs

Product Guidelines

- Do not place pouches directly on the oven rack or let pouch touch the oven sides
- Product may be held in warming cabinet for up to 3 hours at 150° F
- Product must be consumed within 6 hours of preparing (thaw or heat)
- Do not reheat or refreeze
- Product is designed to be heated in pouches
- See case for panning configuration in full sheets
- Microwave preparation is not recommended for these products

Single-Serve Cereal List



GMI Code	Sysco	USF	Product Description	Case/Pack
<i>Cup Cereal</i>				
31879	1913819	6967319	Apple Cinnamon Cheerios	96/1 oz
11941	4212221	2013514	Cheerios Small Bowl (GF)	96/0.68 oz
32262	2177584	6960512	Cheerios Large Bowl (GF)	96/1 oz
38387	3295031	9659723	Cinnamon Chex (GF)	96/1 oz
11815	4119723	5017835	Cinnamon Toast Crunch	96/1 oz
29444	6055800	9491895	25% Less Sugar Cinnamon Toast Crunch	96/1 oz
31888	1913066	6960678	25% Less Sugar Cocoa Puffs	96/1.06 oz
11968	4166658	1024512	Country Corn Flakes	96/0.68 oz
11768	4146510	9051996	Frosted Corn Flakes	96/1 oz
31916	1914169	6960645	Fruity Cheerios	96/1.12 oz
11943	4044533	5017827	Golden Grahams	96/1 oz
11918	4044558	4017828	Honey Nut Cheerios (GF)	96/1 oz
31917	1912987	6960652	Lucky Charms	96/1 oz
32263	2177614	6960637	Multi Grain Cheerios (GF)	96/1 oz
47595	6899938	5681994	Rice Chex Small Bowl (GF)	96/0.68 oz
31921	1974942	6960660	Rice Chex Large Bowl (GF)	96/1 oz
12392	9941295	7387004	Total Raisin Bran	96/1.19 oz
31922	1913047	6960611	25% Less Sugar Trix	96/1 oz

GMI Code	Sysco	USF	Product Description	Case/Pack
<i>Cup Cereal</i>				
31079	439095	3812120	Adult Single Serve Cup Variety Pack	60/1.67 oz
14151	712125	9411778	Family Single Serve Cup Variety Pack	60/1.8 oz
31154	5986542	999771	Goodness Single Serve Cup Variety Pack	60/2.02 oz
<i>Singlepak</i>				
11994	4092961	6531370	Assorted Family Singlepak	70/variious
11673	3465036	9287491	Assorted Favorites Singlepak	70/variious
11945	4044368	2006641	Cheerios (GF)	70/0.62 oz
11653	3967767	4285011	Cinnamon Toast Crunch	70/1 oz
11983	4208310	3006640	Country Corn Flakes	70/0.68 oz
11967	4208328	7013428	Golden Grahams	70/0.87 oz
11960	4828182	6008262	Honey Nut Cheerios (GF)	70/0.81 oz
11949	4820106	8013427	Lucky Charms (GF)	70/0.81 oz
11659	5105697	1014323	Total Raisin Bran	70/1.19 oz
11956	4044541	9001736	Total Whole Grain	70/0.87 oz

Single-Serve Yogurt List



GMI Code	Sysco	USF	Product Description	Case/Pack
<i>Yoplait, 4 oz</i>				
48362	553018	3998283	Light: Blueberry Patch, Very Vanilla (Dysphagia level 6*) (GF)	48/4 oz
19735	5128055	335265	Light: Strawberry, Strawberry-Banana (Dysphagia level 6*) (GF)	48/4 oz
17728	5076587	306720	Original: Raspberry, Peach (Dysphagia level 4*) (GF)	48/4 oz
17729	5076595	306746	Original: Strawberry, Strawberry-Banana (Dysphagia level 4*) (GF)	48/4 oz
<i>Yoplait, Greek</i>				
45913	2242768	7705254	Vanilla (GF) (Dysphagia level 4*)	12/5.3 oz
45916	2242743	7705411	Blueberry (GF) (Dysphagia level 6*)	12/5.3 oz
45915	2242750	7705486	Strawberry Raspberry (GF) (Dysphagia level 6*)	12/5.3 oz
43329	1792880	5949300	100 Protein Vanilla (GF) (Dysphagia level 6*)	12/5.3 oz
43332	1792898	5949490	100 Protein Strawberry (GF) (Dysphagia level 6*)	12/5.3 oz

GMI Code	Sysco	USF	Product Description	Case/Pack
<i>Yoplait, 6 oz</i>				
00652	1569284	5008313	Light: Blueberry Patch (GF) (Dysphagia level 6*)	12/6 oz
00655	1740604	6028948	Light: Harvest Peach (GF) (Dysphagia level 6*)	12/6 oz
00650	1569409	7008311	Light: Strawberry (GF) (Dysphagia level 6*)	12/6 oz
00654	1569268	6028922	Light: Strawberry Banana (GF) (Dysphagia level 6*)	12/6 oz
00643	5022280	3342219	Light: Very Vanilla (GF) (Dysphagia level 4*)	12/6 oz
00307	1155043	8008302	Original: Harvest Peach (GF) (Dysphagia level 6*)	12/6 oz
00310	1043124	1008317	Original: Mixed Berry (GF) (Dysphagia level 6*)	12/6 oz
00302	1043140	3008307	Original: Mountain Blueberry (GF) (Dysphagia level 6*)	12/6 oz
00300	1043165	2008308	Original: Strawberry (GF) (Dysphagia level 6*)	12/6 oz
00313	1043116	6012132	Original: Strawberry Banana (GF) (Dysphagia level 6*)	12/6 oz
00323	1154517	4297560	Original: French Vanilla (GF) (Dysphagia level 4*)	12/6 oz

*Handling and processing variability may occur; we recommend using your discretion to ensure servings meet IDDSI standards as needed by each patient.

Snacks List



GMI Code	Sysco	USF	Product Description	Case/Pack
<i>Nature Valley Bars</i>				
11590	6057152	8151169	Chewy Granola Bars – Chocolate Chunk	120/0.89 oz
11591	6056741	6151161	Chewy Variety– Chocolate Chunk & Oatmeal Raisin	120/0.89 oz
15120	6662415	5325402	Chewy Trail Mix Granola Bars – Fruit & Nut	128/1.2 oz
33530	3660370	149591	Crunchy Oats 'n Honey (Double Bar)	108/1.49 oz
11582	4069720	9017880	Crunchy Oats 'n Honey (Single Bar)	144/0.74 oz
42068	5056757	285585	Sweet & Salty Bar – Almond	128/1.2 oz
42067	4888500	238295	Sweet & Salty Bar – Peanut	128/1.2 oz
41504	6740710	5745260	Nature Valley Fiber One Variety Pack (3 boxes - Crunchy Oats & Honey 1.49 oz, 2 boxes – Chewy Oats & Chocolate 1.4 oz, 1 box Sweet & Salty Peanut 1.2 oz, 1 box Trail Fruit & Nut)	7 boxes/ varies
15555	7082106	3987783	High Taste Variety Pack (2 sleeves - Crunchy Oats & Honey 1.49 oz, 1 sleeve - Crunchy Peanut Butter 1.49 oz, 1-sleeve Sweet & Salty Peanut 1.2 oz)	4 sleeves/ varies
15554	7082091	5004610	Core Variety Pack (1 sleeve - Three Layer Bar Almond Butter Chocolate 1.38 oz, 1 sleeve - Granola Cups Peanut Butter Chocolate 1.35 oz, 1 sleeve - Wafer Bar Peanut Butter Chocolate 1.3 oz, 1 sleeve - Biscuit Almond Butter)	4 sleeves/ varies
<i>Fiber One</i>				
14652	6611006	4934402	Chewy Oats & Chocolate	128/1.4 oz

GMI Code	Sysco	USF	Product Description	Case/Pack
<i>Betty Crocker Oatmeal Bars</i>				
45977	970196	1810134	Chocolate Chip	144/1.24 oz
45566	1807637	6734552	Double Chocolate	144/1.24 oz
<i>Larabar Bars</i>				
41871	1876947	6690291	Apple Pie (GF)	64/1.6 oz
41874	1876972	6706493	Cherry Pie (GF)	64/1.6 oz
41882	1876962	6690309	Peanut Butter Cookie (GF)	64/1.6 oz
<i>Chex Mix</i>				
13910	2452660	1702273	Bold Party Blend	60/1.75 oz
12408	7703440	2209948	Cheddar	60/1.75 oz
31933	1899085	6963664	Simply Chex Chocolate Caramel	60/1.03 oz
31937	1899063	6963706	Simply Chex Strawberry Yogurt	60/1.03 oz
12400	7592348	6207583	Traditional	60/1.02 oz
<i>Food Should Taste Good</i>				
81233	1655608	2900645	Multi Grain (GF)	24/1.5 oz
81237	1655614	2901452	Sweet Potato (GF)	24/1.5 oz